

# Elite Volleyball Academy

**Open to Girls in Grades 6-12**

**Aug 13-17, 2018 — 9:00am to 2:30pm**

**Newton South High – Field House**

**ONLY: \$350**

Beantown Volleyball Club is proud to announce its  
**7th Annual Beantown Elite Girls Volleyball Academy**  
providing you with a week of training from top-rated coaches.

## Mission

Provide an opportunity for all participants to enhance skills, technique, knowledge, strategy, and team play in the sport of volleyball in a “value-centered”, positive and safe environment.

- Serving - Floater and Jump Serve
- Passing - Technique and Serve Receive Patterns
- Setting - Footwork, Contact Refinement & How to Run an Offense
- Attacking - Technique/Footwork and Tempo
- Blocking - Technique/Footwork
- Defense - Technique/Team and Individual Technical and Tactical Training
- Volleyball Specific Fitness
- Skills Stations with Training
- Dynamic Volleyball Training Sessions -
  - ◆ Speed Ladders/Speed Rings
  - ◆ Medicine Balls
  - ◆ Reaction Belts
  - ◆ Serving Machines
  - ◆ Team Play and Competitive Games

**Register by May 1<sup>st</sup> and save!**

**Early Bird Special = \$325.00**

### FOR MORE INFO or TO REGISTER ONLINE:

Visit our website: [www.beantownvbc.org](http://www.beantownvbc.org), or contact our Club Director, Andy Mather, at: [beantownbounce@gmail.com](mailto:beantownbounce@gmail.com) or 508-367-6867.

### Please make checks payable to:

“Beantown Volleyball”

Campers are accepted on a  
First Come– First Served Basis  
(\$125.00 Non-Refundable Deposit)

Includes T-Shirt and Report Card  
Camp All-Stars and Camper of the Week Award

Don't forget to bring a water bottle & a bag lunch!

*Should you need to cancel your registration, send a written request to Andy Mather at the email address above. Refunds will be offered, minus the \$125.00 non-refundable registration fee, if the written request is received no later than one day prior to the start of the clinic. Refunds will not occur after the first day of clinic.*

